

# The Higher Path CHRONICLE

## Experience Life Elevated

### BREAST CANCER, HORMONES, & CANNABIS

By Harrison Fisher



For years now cannabis has been synonymous with being the most holistic avenue of medicine for cancer and in addition a suitable reliever for some symptoms that may be brought on by more severe cancer treatments but can cannabis sometimes be detrimental instead of beneficial? Well in some cases of hormonal receptor positive breast cancer or HR+ breast cancer the addition of THC can exacerbate the cellular spreading nature of the cancer cells and that's primarily due to interwoven connections

between the hormonal and nervous system in both women and men and our endocannabinoid system, research has shown that not only do these systems all interact but they interact extensively and even more so they're what are called "bidirectional systems" meaning they can influence each other! Due to more studies being done on a regular basis our knowledge on the subject is growing and there is a vast amount of information that can be easily accessed to find out if cannabis is the right treatment for you. As always our staff is ready and standing by to answer any questions you may have!

#### NEW PRODUCTS



The Dreamt shot is designed for those with problems falling and staying asleep and want a discrete alternative to inhalables.  
[thp.la/Dreamt](http://thp.la/Dreamt)



The Roach is the smallest disposable cartridge on the market, live resin, packs a punch, and comes in tons of exotic flavors! [thp.la/Roach](http://thp.la/Roach)

#### Highly Curated Shelf



#### Brand Spotlight: Stone Road

Black women owned Stone Road, launched in 2016, is a sun-grown flower brand with their own 57 acre off-grid farm in Nevada City, CA. They pride themselves on their small-batch, organic approach to farming, with an emphasis on beautiful, minimalist design and a keen eye for detail, they are reimagining what affordable cannabis products can look, taste and feel like.

#### MONTHLY DEALS

See all deals at [thp.la/deals](http://thp.la/deals)

##### DABTOBER DEALS

Bogo for \$.01  
Kuda, Vistal



Buy 2 get 1 for \$.01  
Friendly Farms, Buddies

Buy 2 get 1 for \$1  
Stiiizy Live Resin Pods

BOGO 50% off  
Bloom

4g for \$40 on AVR Flower

50% off  
Care By Design

## BAM! A NEW WORLD OF CANNABIS

By Ari

Ever heard of concentrates or extracts? Ever felt completely overwhelmed and scared of using them? Well, we are here to help and share the good news that not only are they not scary, they're also extremely useful for making your flower more potent, expanding your weed seeking horizons, and helping your favorite cannabis strain last that much longer.

**BAM!** B: Boost your bowl with different hashes, kief, and crumbles. Simply add in a little extract to your ground-up flower for a powerful hit of highness. A: Accessible to everyone. You don't have to dab to get into extracts or concentrates. There are electric dab rigs, vaporizer pens, and oil cartridges that are easy and fun to use. M: Maximize your stash. By adding in a more potent product to your flower, it will assist in the longevity of your stash. It will be a stronger hit, meaning you won't have to use as much. Questions? Excitement? Ask a THP budtender about BAM'ing your purchase today.



GOT  
QUESTIONS?  
WE CAN  
HELP!

Simply go to [thehigherpath.com](http://thehigherpath.com) and pull up the chat bubble on the lower right side of the screen to chat with a budtender from 12p-8p daily!

LIVE COMEDY WITH LA'S  
FINEST COMEDIANS!  
FROM THE COMFORT OF YOUR HOME!  
[thp.la/Comedy](http://thp.la/Comedy)



Be A Bud,  
Wear A Mask

Follow Us...  
@thehigherpathcollective  
@thehigherpathLA  
Sign up for texts at [thp.la/text](http://thp.la/text)

## BEFORE YOU BUY, ASK US WHY

By Mason Miller,  
In honor of Breast Cancer Awareness Month



For more info go to [thp.la/blog](http://thp.la/blog)!

The Higher Path has been known for providing a service of knowledge with a variety of products to cancer patients for years. With that brings a slew of questions and understandable caution. Please first know that we are not doctors and you should always consult your doctor before trying cannabis.

Our on-staff Cannabis Consultants have been studying the most effective ways to use cannabis to alleviate symptoms caused by the harsh process and reality of cancer. If you would like to talk to a consultant one-on-one, visit our website to schedule an appointment. In the meantime, here are some tips and questions to prepare for when you come in and ask our lovely budtenders for help.

- What are the main symptoms you are looking to use cannabis to alleviate?
  - THC is best for nausea and pain
  - CBD is best for anxiety and inflammation
  - 1:1 Ratios are best for sleep and pain
- Have you tried cannabis products before? If you have, do you know how much you took?
- Start with micro-dosed edibles (sugar-free preferably) and tinctures (dropper) for accurate dosing and effectiveness.
- We measure cannabis dosing in milligrams (mg).
  - A standard dose for THC and CBD edibles/tinctures can be around 5-10mgs. The more you take, the more relief but also the more potent of effect.
- Avoid large doses of CBD (50mgs+) when going through suppression immunotherapies as it may slow the immune system too much. Where CBD helps build the immune system otherwise!
- If you're looking for RSO (Rick Simpson Oil), ask your budtender about dosing. The "rice grain" increment is a MYTH. Due to many oils being different potencies, a rice grain size can mean 10mgs or 100mgs!
- If seeking treatment for cancer with cannabis, know it is a completely different process that requires professional guidance and heavy dosing.

Utilize our Live Chat with a budtender or schedule an appointment with one of our consultants to ask us about how cannabis can help you and your loved ones battle the fight against cancer.